

Sinead D. Motta

Associate

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Focus Areas

Discrimination and Harassment
Litigation and Trials
Leaves of Absence and Disability Accommodation
Wage and Hour
ERISA and Benefit Plan Litigation

Overview

Sinead Motta counsels and represents clients in a broad range of labor and employment matters. She has experience defending employers in federal courts in single plaintiff cases arising under Title VII of the Civil Rights Act of 1964, the Age Discrimination in Employment Act (ADEA), the Americans with Disabilities Act (ADA), the Family Medical Leave Act (FMLA), and the Employee Retirement Income Security Act (ERISA), as well as collective actions under the Fair Labor Standards Act (FLSA). Sinead also handles employment-related claims before state courts and administrative agencies, including the Equal Employment Opportunity Commission and the Florida Commission on Human Relations. Sinead has experience conducting wage and hour audits, addressing requests for accommodations, and providing employers with preventative counseling in their day to day business operations.

Prior to joining Littler, Sinead represented companies across varied industries at a large full-service litigation law firm. She gained extensive experience litigating a broad range of general liability matters throughout Florida.

Professional and Community Affiliations

- Member, Palm Beach County Bar Association

Recognition

- Named, Ones to Watch, *The Best Lawyers in America*®, 2021-2025
- Dean's List, *University of Florida; University of Florida, Levin College of Law*, 2007-2014
- Recipient, Book Awards, *Child Law and Policy; Advanced Juvenile Law Clinic*

Education

J.D., University of Florida College of Law, 2014, *cum laude*

B.S., University of Florida, 2011, *cum laude*

Bar Admissions

Florida

Georgia

Courts

U.S. District Court, Southern District of Florida

U.S. District Court, Middle District of Florida

U.S. District Court, Northern District of Georgia

U.S. District Court, Southern District of Georgia

Publications & Press

Best Lawyers in America© 2022 Edition Honors More Than 240 Littler Lawyers

Littler Press Release

August 19, 2021

Best Lawyers in America© 2021 Edition Honors More Than 250 Littler Lawyers

Littler Press Release

August 20, 2020

Preventing Workplace Violence: Steps Employers Can Take Before Tragedy Strikes

HR Professionals Magazine

June 14, 2019