

## Mattheus Stephens

Shareholder

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### Overview

Mattheus Stephens has more than 30 years of trial and litigation experience. He focuses his practice on helping clients navigate the lifecycle of employment litigation with a focus on defending against claims of discrimination, particularly those relating to gender and disability. He also counsels clients on wage and hour matters, conducts workplace investigations, and provides trainings on preventing discrimination and harassment, including gender and LGBTQ+ training.

### Education

J.D., Rutgers School of Law, Camden, 1990  
B.A., College of New Rochelle

### Bar Admissions

California

### Publications & Press

#### **What are the challenges and benefits of helping your employees bring their authentic selves to work?**

*Littler 2 the Point Video*

August 22, 2024

#### **Celebrating Pride Month: The Importance of Advocacy and Community**

*Littler Podcast*

June 27, 2024

**Cultivating learning for new lawyers**

*Daily Journal*

December 22, 2023

**Experienced Trial Lawyer Mattheus Stephens Joins Littler in San Diego**

*Littler Press Release*

August 28, 2023