

Lauren Forsythe

Associate

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Focus Areas

Litigation and Trials
Discrimination and Harassment
Hiring, Performance Management and Termination

Overview

Lauren Forsythe focuses her practice on advising and representing management clients on labor and employment law matters arising under federal and state law. She also represents employers in litigation in federal and state courts and before administrative agencies.

Prior to joining Littler, Lauren practiced civil defense litigation representing government agencies and private sector employers in state and federal court.

Lauren's experience includes conducting legal research and writing, arguing motions in court, conducting depositions of fact and expert witnesses, negotiation and settlement of cases, expert witness retention, and conducting discovery.

During law school, she was the managing editor for the *Intellectual Property and Computer Law Journal*. Lauren also served as a judicial extern to the Hon. Beth Buchanan of the U.S. Bankruptcy Court of the Southern District of Ohio.

Professional and Community Affiliations

- Member, American Bar Association
- Member, Amicus Committee, National Association of Women Lawyers
- Member, Utah Women Lawyers

Recognition

- Recipient, Pro Bono Certificate of Service, *University of Cincinnati College of Law*
- Order of the Barristers, *University of Cincinnati College of Law*

Education

J.D., University of Cincinnati College of Law, 2019, *with honors*

B.S., Miami University, 2016, *with honors*

Bar Admissions

Utah

Washington

Wyoming

Courts

U.S. Court of Appeals, 10th Circuit

U.S. District Court, Western District of Washington

U.S. District Court, District of Utah

Publications & Press

Two Utah Laws Related to Religious Expression in the Workplace Take Effect

Littler ASAP

June 5, 2024

Utah Enacts Law Allowing Employers to Obtain Workplace Violence Protective Orders

Littler ASAP

March 20, 2023

Speaking Engagements

Salt Lake City Breakfast Briefing

Salt Lake City, UT

November 7, 2024

2024 Nevada Regional Employer Conference

Las Vegas, NV

October 16, 2024

Legal Update for Utah Employers

July 10, 2024

2023 Nevada Regional Employer Conference - Las Vegas

Las Vegas, NV

October 24, 2023

Understanding Washington's New Paid Family and Medical Leave Act

Washington Association of School Administrators, Seattle, WA

November 2020