

**C L A S S O R D E R  
BY MEDICAL OFFICER OF HEALTH  
RE: COMMUNICABLE DISEASE ISOLATION**

Made pursuant to section 22(5.01) of the *Health Protection and Promotion Act*, RSO 1990, c H.7.

This class order replaces the class order dated October 3, 2020.

**Health  
Services**

Office of the  
Medical Officer  
of Health

PO Box 667  
RPO Streetsville  
Mississauga, ON  
L5M 2C2  
tel: 905-799-7700

peelregion.ca

Date: February 24, 2021

TO: All persons, including children under the age of sixteen, residing in or present in The Regional Municipality of Peel who:

- (a) are identified as a person diagnosed with COVID-19;
- (b) have the signs and symptoms of COVID-19, have been tested for COVID-19 and are awaiting the results of their test;
- (c) otherwise have reasonable grounds to believe they have symptoms of COVID-19; or
- (d) are a close contact of a person identified in (a), (b) or (c); or
- (e) are a parent, or person with responsibilities of a parent, of a person under sixteen years of age identified in (a), (b), (c) or (d).

Note: A “close contact” means a person who:

- o who has face-to-face contact with a person with a COVID-19 case while they were infectious (generally this is 48 hours before the case’s symptoms started until they are cleared from isolation); AND
- o had 15 minutes or more of cumulative interaction within 2 metres of the case (regardless of whether the case or contact were wearing a mask).

In addition, you are a “close contact” if you have been identified by Peel Public Health or another public health unit as a close contact of a probable or confirmed case of COVID-19.

I, **Dr. Lawrence Loh**, Medical Officer of Health for The Regional Municipality of Peel (“Peel Public Health”), pursuant to section 22(5.01) of the *Health Protection and Promotion Act* (“HPPA”), ORDER that you take the following actions, effective October 3, 2020, 1800 hours:

1. Where you are a person who meets the criteria of (a), (b), (c) or (d) above, confine yourself to your home or isolation facility, in accordance with instructions provided by Peel Public Health, and isolate yourself from others, until you have complied with the criteria issued by Peel Public Health, or are specifically advised by Peel Public Health that

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you are permitted to leave your home/isolation facility, or unless you need to obtain emergency medical attention. This instruction includes isolation by children under the age of sixteen who meet the criteria of (a), (b), (c) or (d) above and it is the responsibility of a person described in (e) above to ensure a child under their care is in compliance with this instruction.

2. Remain in isolation, or if you are a person described in (e) above, ensure that the child under sixteen for whom you have responsibilities remains in isolation, until the expiry of the following prescribed periods:
  - i. **If you are a person described in (a) above** you must remain in self isolation:
    - For ten (10) days from symptom onset, as long as on day 10 you have no fever and your symptoms have improved for at least the previous twenty-four (24) hour period, or ten (10) days from test date if you have had no symptoms; or
    - For twenty (20) days from symptom onset if you have or have had severe illness and required intensive care unit level support, or if you have severe immune compromise, as long as on day 20 you have no fever and symptoms have improved for at least the previous twenty-four (24) hour period, or for twenty (20) days from your test date if you have severe immune compromise and had no symptoms.
  - ii. **If you or are a person described in (b) above**, you must remain in self-isolation until receipt of a negative test result, have no fever and your symptoms have been improving for at least the previous twenty-four (24) hour period. If you receive a positive result, you are then subject to the Order as a person described in (a) above.
  - iii. **If you are a person described in (c) above:**
    - *If you are tested*, you must remain in self-isolation until receipt of a negative test result, you have no fever and your symptoms have been improving for at least the previous twenty-four (24) hour period. If you receive a positive result, you are then subject to the Order as a person described in (a) above.
    - *If you are not tested*, you must remain in self-isolation:

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- For ten (10) days from symptom onset, as long as on day 10 you have no fever, your symptoms have improved for at least the previous twenty-four (24) hour period, or for ten (10) days from test date if you have had no symptoms; or
- For twenty (20) days from symptom onset if you have or have had severe illness and required intensive care unit level support or, if you have severe immune compromise, as long as on day 20 you have no fever and your symptoms have improved for at least the previous twenty-four (24) hour period, or for twenty (20) days from your test date if you have severe immune compromise and had no symptoms.

- iv. **If you are a person described in (d) above**, you must remain in self-isolation for fourteen (14) days after the day on which you last had close contact with a person described in paragraph (a) above.

However, if you develop symptoms during this isolation period, you must remain in self isolation:

- For the entire fourteen (14) isolation day period from the last day of close contact with the person described in paragraph (a) above, if you were tested and receive a negative result;
  - For ten (10) days from symptom onset, if you were not tested, provided that on 10 day there is no fever and symptoms have improved for at least the previous twenty-four (24) hour period;
  - For twenty (20) days from symptom onset, if you were not tested, and if you have or have had severe illness and required intensive care unit level support or if you have severe immune compromise, provided that on day 20 you have no fever and your symptoms have improved for at least the previous twenty-four (24) hour period; or
  - Note that if you receive a positive result, you are then subject to the Order as a person described in (a) above.
- v. Or as otherwise instructed by Peel Public Health, in accordance with the current Ministry of Health guidelines as amended:

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[http://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019\\_testing\\_clearing\\_cases\\_guidance.pdf](http://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019_testing_clearing_cases_guidance.pdf).

Note: If you have a fever and/or other symptoms which are not improving on the final day of isolation, contact Peel Public Health for direction: 905-799-7700 (905-584-2216 in Caledon) or toll free 1-888-919-7800

A fever is a temperature of 37.8°C/100.0°F or greater.

3. During your period of isolation, you may not leave the home or isolation facility for any reason, unless on to a private balcony or in an enclosed yard on your property where you can avoid close contact with others, or unless you need to seek emergency medical attention. You must not have any visitor into your home or isolation facility except as permitted by Peel Public Health.
4. During your period of isolation, you must follow the specific advice of Peel Public Health which includes:
  - a) Conduct yourself in such a manner so as not to expose another person to infection or potential infection from COVID-19 by following infection control instructions on the Peel Public Health website located at: <http://peelregion.ca/coronavirus/prevention/>
  - b) Follow the instructions for infection control provided to you by Peel Public Health. Such instructions may include, without limitation, handwashing, changing and disposal of masks, not sharing any dishes, cutlery, or utensils used by you with others, using a separate washroom if available, sleeping in a room by yourself if possible, using separate towels and face cloths, etc.
  - c) Avoid all contact with vulnerable persons, including those who (i) have an underlying medical condition; (ii) have a compromised immune system from a medical condition or treatment; (iii) are 65 years of age or older; or (iv) are reliant upon a homeless shelter or other congregate living setting.
  - d) Avoid contact with household members as much as possible, to prevent their possible exposure. Wear a mask when you need to be in a room with other household members. Change the mask as directed by Peel Public Health.
  - e) Inform Peel Public Health if you have any specific needs while you are subject to these isolation measures, including food, water, accommodation, clothing, appropriate medical treatment, and family or religious arrangements. To do so, contact the Peel Public Health at

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905-799-7700, or for Caledon 905-584-2216.

5. You must seek prompt medical attention if your illness is worsening (for example, difficulty breathing). Before seeking medical attention, call your healthcare provider, or your local hospital Emergency Department or call 911, and tell them that you have been diagnosed or are being assessed for COVID-19.
6. As directed, you must provide Peel Public Health at 905-799-7700, or for Caledon 905-584-2216 with the names, addresses, and telephone numbers of all persons with whom you have had close contact during relevant dates.
7. Pursuant to s. 23 of the HPPA, this Order also applies to all persons under sixteen years of age in The Regional Municipality of Peel as served upon the parent, or any other person who has the responsibilities of a parent, in relation to the child under sixteen years of age, which persons shall ensure that the order is complied with by the child under sixteen years of age. If the child requires personal care by you due to age or illness, you or any other person who provides such personal care are required to isolate in the same manner as the child for whom you are caring.
8. The requirements of this Order are subject to necessary modifications for the following persons or class of persons:
  - a) A person or class of persons who, in the opinion of the Medical Officer of Health, is asymptomatic and provides an essential service as defined in Ontario regulation, for the limited purpose of providing that essential service;
  - b) A person receiving essential medical services or treatments, whether or not related to COVID-19; or
  - c) Where a person's isolation, in the opinion of the Medical Officer of Health, would not be in the public interest.

**THE REASONS FOR THIS ORDER ARE THAT:**

1. COVID-19 is a disease of public health significance, and a disease that has been designated as communicable under Ontario Regulation 135/18 as amended, and a disease which is communicable from person to person by the COVID-19 virus. COVID-19 has been declared a pandemic by the World Health Organization. The Province of Ontario, The Regional Municipality of Peel, The Corporation of the City of Mississauga, The Corporation of the City of Brampton and The Corporation of the Town of Caledon have all declared an emergency

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under the *Emergency Management and Civil Protection Act* as a result of the COVID-19 pandemic.

2. COVID-19 is present in The Regional Municipality of Peel and therefore poses a risk to the health of the residents of The Regional Municipality of Peel through community transmission.
3. The COVID-19 virus is spread from an infected person to a close contact by direct contact or when respiratory secretions from the infected person enter the eyes, nose, or mouth of another person.
4. To contain the spread of the COVID-19 virus, individuals experiencing symptoms consistent with COVID-19 or who are or may be infected with COVID-19 or who have tested positive for COVID-19 are required to isolate themselves from other people until they are no longer under investigation for COVID-19. Isolation ensures that these people will not spread their infection to others should they have COVID-19 or become ill with COVID-19.

**I am of the opinion, on reasonable and probable grounds, that:**

- a) a communicable disease exists or may exist or there is an immediate risk of an outbreak of a communicable disease in the health unit served by me,
- b) the communicable disease presents a risk to the health of persons in the health unit served by me, and,
- c) the requirements specified in this Order are necessary in order to decrease or eliminate the risk to health presented by the communicable disease.

**I am also of the opinion that** the delivery of notice of this Order to each and every member of the class to which it is addressed is likely to cause a delay that could significantly increase the risk to the health of any person residing in the health unit served by me, so notice shall be provided through the public media and the internet via posting on the Peel Public Health website at: <http://peelregion.ca/coronavirus/>

**TAKE NOTICE THAT** in accordance with section 44(1) of the *Health Protection and Promotion Act*, each member of the class to which this Order is addressed is entitled to a hearing before the Health Services Appeal and Review Board if the class member has delivered to me as below and to the Health Services Appeal and Review Board, 151 Bloor Street West, 9<sup>th</sup> Floor, Toronto, Ontario M5S 1S4, notice in writing requesting a hearing, within 15 days after service of this Order or otherwise in accordance with applicable law.

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**AND TAKE FURTHER NOTICE THAT** although a hearing may be requested, this Order takes effect when it is delivered to a member of the class or brought to the attention of a member of the class.

**FAILURE** to comply with this Order is an offence for which any class member may be liable, on conviction, to a fine of not more than \$5,000.00 for every day or part of each day on which the offence occurs or continues.



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Lawrence Loh, MD MPH FCFP FRCPC FACPM (*he/his*)  
Medical Officer of Health  
The Regional Municipality of Peel – Public Health  
7120 Hurontario Street  
PO Box 667 RPO Streetsville  
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This Order shall be posted on the Peel Public Health website at:  
<http://peelregion.ca/coronavirus/>

Inquiries about this Order should be directed to Peel Public Health at 905-799-7700 or for Caledon 905-584-2216.